

2020 VINNIES CEO SLEEPOUT[®] SAFETY CHECKLIST



St Vincent de Paul Society
good works

Unlike previous years, where the CEO Sleepout event has had a local physical presence, this year's participants will be sleeping out in their backyard, cars or couches and will be connected via a national livestream.

If you are participating in the 2020 Vinnies CEO Sleepout, please note the following safety considerations prior to the night of the event.

10 Point Guide to a Safer Sleepout

1 Your emergency contacts have been notified and are readily accessible (e.g. saved on your mobile phone) and available if you need to contact them.

2 All social distancing and hygiene controls in line with [Safework Australia](#) COVID-19 guidelines have been implemented and will be maintained.

3 All participants, particularly children, will wear sufficient layers of clothing and bring sufficient sleeping materials if sleeping outdoors.

4 Your sleeping location is secure and, where possible, segregated from other hazards. Hazards have been identified and risk of harm is as low as reasonably practicable.

5 Slip, trip and fall hazards have been identified and remediated where required. Please take special notice of lighting issues, pets, and cords around your location.

6 If you are sleeping in a car, on a couch, or another cramped area, musculoskeletal hazards have been identified and risks assessed.

7 If you are sleeping in your car, please ensure that it is parked in a legal, secure area and your doors are locked.

8 If you are participating with children, all additional risks specific to the health and safety of children have been identified and eliminated or otherwise mitigated- including psychological risks. Children will be supervised and have made their own choice to participate, with the informed consent of their guardians.

9 Any required medical adjustments have been made to enable safe participation for you and/or any family with special medical needs/ requirements.

10 If the health of you or a participating household member is at higher risk from the event, you have followed doctor's recommendations and withdrawn if advised. If you are feeling unwell on the night, please do not participate in the event.